

LAURA HELM

AEA

Mezzo-Soprano/Belt
Height: 5'8" | Eyes: Blue | Hair: Brunette
www.laurahelm.com



Danny Prather & Meghan Manahan
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NATIONAL TOUR

Joseph... Dreamcoat	Narrator	Troika Entertainment Dir./Chor. Andy Blankenbuehler
Jekyll And Hyde	Lucy Harris	Touring Theatre Associates Dir. Paul Stancato

REGIONAL THEATRE

Grease	Marty	John W. Engeman Theatre, Dir. Paul Stancato
Jekyll And Hyde	Nellie, u/s Lucy Harris	John W. Engeman Theatre, Dir. Paul Stancato
Joseph... Dreamcoat	Narrator	Mac-Haydn Theatre, Dir. Bryan Knowlton
9 to 5	Judy Bernly	Mac-Haydn Theatre, Chor. Bryan Knowlton
Smokey Joe's Café	Pattie	Mac-Haydn Theatre, Dir. Bryan Knowlton
Rent	Maureen	Mac-Haydn Theatre, Dir. John Saunders
Young Frankenstein	Elizabeth Benning	Mac-Haydn Theatre, Dir. John Saunders
Oliver!	Nancy	Mac-Haydn Theatre, Dir. John Saunders
Les Miserables	Eponine	Mac-Haydn Theatre, Dir. John Saunders
All Shook Up	Miss Sandra	Mac-Haydn Theatre, Chor. Thomas D. Barrett
Copacabana	Lola	Mac-Haydn Theatre, Chor. Ryan Vandenboom
Legally Blonde	Serena, u/s Elle Woods	Mac-Haydn Theatre, Chor. Brian Patrick Murphy
Smokey Joe's Cafe	Pattie	Palace Theatre, Dir Carl Rajotte
My Mixtape: The Sounds Of The 80s	Production Singer	Palace Theatre, Dir Carl Rajotte
Divas Through The Decades	Back-up Singer	Palace Theatre, Dir Carl Rajotte
A Christmas Carol (2 years)	Ensemble	North Shore Music Theatre, Dir. Arianna Knapp
The Rocky Horror Picture Show	Janet	The Talent Company, Dir. Christine Lightcap
Chicago	Mona	Playhouse on Park, Dir./Chor. Darlene Zoller
A Christmas Carol	Female Swing	Hartford Stage, Chor. Hope Clarke

READING/CONCERTS

Laura's At The Helm	Herself	54 Below- Solo Concert
Laura's At The Helm	Herself	Mac-Haydn Theatre
What A Wonderful World	Lucy	Written: Jeremy Desmon, Dir. Paul Stancato
Dirty Legal Secrets	GC	Written: Sarah Feingold, Dir. Dana Iannuzzi
Taken Generation	Rutka/Ensemble	Written: Daniel Perrin, Dir. Dana Iannuzzi
Lilly Ineffable	Jordan	Written: Audrey Lang, Dir. Sara Rodriguez
Not Wanted On The Voyage	Hannah	Goodspeed Opera House, Dir. Jake Cumming III
Sweeney Todd	Ensemble	4th Avenue Productions, Prod. Doug Jabara

FILM/TV/COMMERCIAL

Succession	ATN employee	HBO Max
Marvelous Mrs. Maisel	Bank Patron	Amazon Prime Original
Maestro	Audience Member	Netflix
Fur	Cathy	NYU Dir. Ibrahim Beyah
Couponsuzy.com	Cashier/Customer	Robert F. Amodio
Couponsuzy.com	Costumer	Robert F. Amodio

TRAINING

The Hartt School- BFA Music Theatre

Voice/Speech- Larry Raiken, Debra Parker, Paul Feyer (*Coach*), Phil Rittner (*Coach*), Johanna Morrison.

Dance/Movement- Derric Harris (*Coach*), Ralph Perkins (*Ballet, Tap*), Denise Leetch-Moore (*Ballet*), Leslie Unger (*Jazz*), Annmarie Davis (*Movement*), Nicole Newman (*Jazz, Lyrical*).

Acting- Kevin Gray (*Meisner*), Alan Rust (*Heightened Styles*), Robert Hannon Davis (*Shakespeare*),

David Watson (*Stanislavski, Commedia del'arte*), Diana Moller-Marino (*Bogart Viewpoints*), Martha Collins.

Film/TV- Kimball Studios, Janine Ditullio (On Camera Audition).

SKILLS

NY Drivers License, Dialects, Basic Piano, Basic Stage Combat, Knitting/Crocheting, Cheerleading, Volleyball, Baby Voice Impressions, Choral Singer, Whistler.